



**PHOENIX CHILDREN'S**  
*Hospital*

## **Clinical Psychology Internship Program**

**Contact:**

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Training Director

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## **Clinical Psychology Predoctoral Internship Program**

Phoenix Children's Hospital psychologists provide assessment, intervention, consultation, and treatment to infants, children, and adolescents.

The psychology internship program is offered by the Behavioral Medicine Department, which trains medical residents, psychology practicum students, and psychology postdoctoral fellows.

Our new Predoctoral internship program offers rotations for inpatient medical, outpatient medical/non-medical, assessment, and inpatient child bio-behavioral. Although the program is not yet APA accredited, it is modeled in accordance with APA guidelines with the intention of becoming an APA accredited program as soon as possible. The accreditation process is lengthy, and we cannot guarantee when it will be complete. We are a member of APPIC through the Arizona Psychology Training Consortium.

The primary goal of the program is to train interns in the core competencies needed to be a skilled psychologist working with children and adolescents in a medical setting. Additionally, multicultural/diversity issues, ethical issues, interpersonal skills, and professional behavior are addressed during the training year.

Our program embraces cultural and individual diversity and strives to recruit interns representative of diverse personal and demographic characteristics. Candidates likewise, should have experience, and the desire to work with diverse groups of children and adolescents in a medical setting.

*Phoenix Children's Hospital is an Equal Opportunity/Affirmative Action Employer.*

## Application process

Phoenix Children's Hospital is an affiliated training site of the Arizona Psychology Training Consortium. We are on the National Matching Service and abide by the APPIC match policies. Our National Matching Service Program Code Number is 115826. This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant. [Read all of the policies.](#)

A completed application needs to be received by December 1, 2008. We require the following information:

- Official transcripts of all graduate work.
- A current curriculum vitae.
- Letters of recommendation from at least three professionals who are familiar with you and your work, including two letters from clinical placement supervisors and a letter from your advisor. Letters of recommendation should be in sealed envelopes.
- Sample of a child/adolescent assessment/intake report. (Please remove all identifying information.)
- Completed AAPI Application for Psychology Internship and APPIC Academic Program's Verification of Internship Eligibility and Readiness form. Download the AAPI forms at their site.
- Please include a statement listing maiden names.

National Matching Services will send your applicant code number for the Match. Please include this applicant code number with your application. Call (416) 977-3431 for assistance.

Get more information about the APPIC match.

Our National Matching Service Program Code Number is 115826.

Please send all of the application materials together in a single envelope to:

Jeanette M. Smith, Ph.D., Training Director  
Department of Behavioral Medicine

Phoenix Children's Hospital  
1919 E. Thomas Road  
Phoenix, AZ 85016-7710

Please send a second complete set of application materials in a single envelope to:  
Arizona Psychology Training Consortium  
Training Committee  
6210 East Thomas Road, Suite 209  
Scottsdale, AZ 85251

You will be notified by e-mail when your completed application has been received.  
We look forward to receiving your application.

Contact Dr. Jeanette Smith regarding questions about your application:  
e-mail: [jsmith@phoenixchildrens.com](mailto:jsmith@phoenixchildrens.com)  
Phone: (602) 546-0416  
Fax: (602) 546-0418

## **Selection process**

### **Intern slots**

There are two psychology internship openings for the 2009-2010 internship training year.

### **Training period**

The psychology internship will begin July 1, 2009 and end June 30, 2010.

### **Initial screening**

We will review the completed application and all materials. This includes assessing how well our program meets your needs and how your background and experience fit with our program.

Our program embraces cultural and individual diversity and strives to recruit interns representative of diverse personal and demographic characteristics. Candidates likewise, should have experience, and the desire to work with diverse groups of children and adolescents.

By December 14, 2008, you will receive an e-mail:

- requesting you contact us to schedule an interview
- or informing you that you are no longer under consideration

### **Eligibility**

To qualify, applicants should:

- have completed at least three years of graduate school in psychology,
- have three years post-bachelor supervised clinical experience,
- have two years post-bachelor experience with children, adolescents, and families,
- by the start of the internship, have completed all doctoral coursework and all qualifying and comprehensive exams,
- have passed the proposal stage for doctoral dissertation,
- and have completed a minimum of 800 hours of supervised clinical experience, which includes experience in child and family therapy.

Applicants from APA-accredited programs are given preference.

The selection criteria includes many other areas.

Applicants are evaluated for:

- their interests and goals appropriate to our internship program,
- emotional maturity and stability,
- appropriate interpersonal skills,
- skill in translating theory into integrated practice,
- and a sound theoretical and academic foundation for effective clinical work and conduct, and demonstrated sensitivity to multicultural issues.

### **Reference checks**

We may call some of your references for additional information during December and January.

### **Interviews**

On-site interviews are preferred, however, telephone interviews can be arranged. The on-site interview will consist of meeting individually with our staff. Applicants will also have the opportunity to meet with practicum students. Telephone interviews will provide the opportunity to speak with at least two of our staff members.

### **Final decision making**

Each applicant's strengths and weaknesses will be considered to determine if Phoenix Children's Hospital is a good match. Applicants should consider if our hospital is a good fit for their training needs and professional direction. Consider talking with your advisor for help in the process.

### **Match Day - February 25, 2009**

We are hopeful that everyone we interviewed will be placed in the setting they want and we are excited to find out who our interns are for the training year.

We will contact our matched applicants by telephone after the noon (EST) deadline on February 25, 2009, in accordance with APPIC Guidelines. Within 72 hours, we will send matched applicants confirmation of their appointments.

## **Stipend and benefits**

**Stipend** - \$27,275

### **Insurance benefits**

Basic life insurance, health insurance including HIV indemnity, disability insurance, and professional liability insurance are provided for each intern. In addition, dental, vision, and long term care benefits may be selected at a reduced rate.

### **Paid time-off**

Interns are provided with up to four weeks paid time-off each year to be used at their discretion. This includes vacation time, personal time, sick time, major holidays, and conference time.

### **Pagers**

Each intern is provided with alpha-numeric pagers at no cost.

### **Books and conferences**

Each intern receives a \$500 allowance to spend on educational materials or conference attendance. Interns are encouraged to attend local CME conferences sponsored by the hospital free of charge.

### **Maternity and paternity leave**

Each intern is allowed up to 12 weeks leave under the Family Leave Act for maternity, paternity, adoption, or serious illness in a family member. Program directors will work with each intern to make up any time lost so that all licensing requirements may be met in a timely fashion.

### **Library**

Each intern has unlimited access to the biomedical library. This includes access via the Internet to electronic data bases and stored journals.

### **CPR certification**

CPR and Advanced Life Support training for pediatrics and neonates is provided for all interns during orientation.

## **Predoctoral psychology internship overview**

### **Mission:**

Our mission is to provide excellence in pediatric psychology training to graduate students, interns, and post-doctoral students.

### **Values:**

- Integrity – to exhibit high standards ethically and professionally within the practice of psychology.
- Dignity – to show dignity and respect through our interactions with our advanced psychology students, our patients, and all others, regardless of culture, race, religion, employment status, or individual differences.
- Nurturing – to support our advanced psychology students in a manner which nurtures mastery and excellence.

### **Our philosophy**

Phoenix Children's Hospital Internship in Clinical Psychology trains interns as practitioners by using evidence-based practices. There are research opportunities for motivated interns. We use a developmental perspective in training interns. The supervisors will work through the year to help the interns become autonomous, and prepared to become early-career psychologists by the end of the training year.

The internship program is administered by the Training Director, with the assistance of the Internship Coordinator and the Internship Training Committee, consisting of the Behavioral Medicine staff psychologists at Phoenix Children's Hospital.

### **Training is achieved through:**

- didactic learning across many areas of diversity issues, ethics, assessment, theory, clinical interventions, and professional issues;
- observation of supervisors with patients as well as in collaboration with interdisciplinary members of the patient's team;
- and conducting assessments and interventions, with supervision, that promote psychological well-being.

Our goal is to train interns in the core competencies needed to be a skilled psychologist working with children and adolescents in a medical setting.

**Core competencies include:**

- assessment,
- intervention,
- consultation,
- and professional development.

Additionally, multicultural and diversity issues, ethical issues, interpersonal skills, and professional behavior are addressed during the training year.

**Supervision**

Our staff of seven licensed psychologists sees the role of quality supervision as paramount to intern training. Because of this, there are opportunities to:

- observe your supervisor work,
- provide co-therapy with your supervisor,
- observe/be observed through a two-way mirror,
- have individual supervision.

Our interns receive two to four hours of individual supervision per week. They will also have the opportunity for additional input with case presentations. Our psychology practicum students will provide the opportunity to supervise a graduate student.

Our psychologists represent an eclectic mix of theoretical perspectives including:

- cognitive behavioral,
- family systems,
- psychodynamic,
- interpersonal,
- gestalt,
- solution-focused,
- and behavioral.

**Consultation**

Given that we work with physicians and other medical staff on a regular basis, both inpatient and outpatient, it is important to work in an interdisciplinary

manner. Interns will have the opportunity to gradually gain more experience and become more skilled in their consultation role.

**Location**

The Department of Behavioral Medicine is located on the fourth floor of the outpatient building, along with psychiatry, neurology, neurosurgery, and audiology. Many other outpatient medical specialties are located in the floors below. Inpatient hospital consultations occur throughout the hospital, across many disciplines.

## Rotations

We provide a well-rounded pediatric psychology experience and offer several different simultaneous rotations to choose from (four to five rotations per year and some offered as a six-month rotation.)

Interns are expected to select at least one rotation from the assessment, inpatient, and outpatient therapy options and may choose to focus their rotation choices (e.g., one assessment, one inpatient, three outpatient rotations). Interns may select more time in certain rotations to learn new skills and fine tune previously experienced skills. All interns are expected to conduct at least two parent training groups during their internship year.

Interns will have approximately 18-25 clinical contact hours per week.

### Rotational offerings:

#### Assessment

- Neuropsychological assessment
- Infant and toddler developmental assessment
- ADHD/learning disability assessments

#### Inpatient

- Inpatient consultation/liaison in a medical setting
- Inpatient child biobehavioral unit

#### Outpatient

- Outpatient general mental health with children and adolescents
- Parent training and family work
- Outpatient work with chronically/terminally ill patients
- Infant and toddler treatment

#### Other training experiences:

- Weekly one-hour case seminar discussion/presentation
- Weekly one-hour intern training seminars with staff and outside professionals on clinical/ethical/assessment/medical/professional issues

- Weekly attendance at the one-hour Grand Rounds presentations for all medical staff
- Monthly Interdisciplinary Child Assessment Team meetings
- Monthly one-hour diversity seminar
- Monthly epilepsy conference
- Bi-weekly meetings with the Training Director
- Continuing education seminars and conferences held by/for PCH staff and residents throughout the year
- Additional didactic training specific to rotation

## Core competencies

We are committed to providing the experiences and training necessary to help achieve the core competencies. Any areas of difficulty will be addressed, and interns will receive assistance to strengthen that area in a collaborative manner. The difficulty of clinical situations offered will gradually increase as the intern becomes more effective and autonomous.

### Assessment

- Demonstrate effective clinical interviewing skills with children, adolescents, and families
- Demonstrate effective skills in assessing child functioning in family, school, hospital, and peer-group systems using clinical interviewing techniques
- Effectively obtain and integrate data from multiple sources and/or disciplines
- Knowledgeable of DSM-IV for appropriate diagnostic assessment of psychopathology
- Effectively select empirically-derived appropriate tests and measures to be used in assessment
- Effectively administer standardized tests and measures
- Effectively score standardized tests and measures
- Understanding of theory applied to assessment
- Effectively interpret the results of behavioral rating scales
- Effectively interprets the results of cognitive and/or developmental assessment.
- Appropriate use of assessment measures with children and adolescents of diverse backgrounds.
- Demonstrates ability to conceptualize key clinical issues.
- Demonstrates accurate, organized and clearly written reports
- Completes reports in a timely manner
- Communicates findings to families and interdisciplinary team members in an effective manner.

### Intervention

- Effectively formulate and implement an intervention plan
- Collaborate with interdisciplinary team members to identify intervention goals when appropriate
- Demonstrate the ability to effectively collaborate with other disciplines in intervention efforts
- Demonstrate an understanding of theory applied to intervention
- Use evidence-based treatment strategies and intervention
- Effectively monitor and adjust the intervention as needed
- Effectively provide intervention with families of diverse backgrounds
- Intervention strategies developed in collaboration with parents, children, and families that are viewed as reasonable and appropriate
- Effectively provide parent and family education and training
- Effectively use evidence-based interventions
- Demonstrate the ability to evaluate treatment outcomes
- Effectively establish and maintain relationships with children, adolescents, and families

### **Consultation**

- Able to effectively consult with professionals across multiple disciplines
- Effectively clarify the referral issue
- Effectively link hospital, family, and community systems
- Effective in consulting with professionals from diverse backgrounds
- Understand the pediatric medical setting and the many possible roles for psychologists
- Communicate consultation results and recommendations in an effective manner
- Demonstrate the ability to form effective consultative relationships

### **Professional skills and development**

- Seek and apply theoretical and research knowledge relevant to the practice of psychology
- Provide effective supervision to practicum students

- Ongoing commitment to expanding scientific knowledge base
- Able to seek supervisor input as appropriate
- Accept and integrate supervisory input in a professional manner
- Work independently as appropriate
- Well-developed understanding of ethical principles
- Apply ethical principles in practice
- Organize time effectively
- Identify professional strengths and limitations
- Develop effective relationships with professionals from multiple disciplines
- Effectively deliver didactic presentations
- Demonstrate ability to effectively communicate in group situations
- Conceptual understanding of effectively preparing for psychology licensure.
- Effectively applies for fellowship/employment positions.
- Able to manage stress and competing demands.
- Understanding and appreciation for cultural and individual diversity.

## **About our training opportunities**

Phoenix Children's Hospital is committed to providing training and education to the health care leaders of tomorrow. Our hospital provides the perfect setting - with our advanced technology and innovative research.

We provide excellent training for:

- pediatric residents
- psychology interns
- medical students
- fellowships

Phoenix Children's is a 296-bed multi-specialty freestanding children's hospital which brings together a full range of specialists in the field of pediatrics. Phoenix Children's also has an extensive outpatient facility for initial and follow-up care.

Comprehensive services offered at Phoenix Children's Hospital include:

- a fully equipped Pediatric Intensive Care Unit,
- two Neonatal Intensive Care Units,
- a dedicated Pediatric Emergency Department,
- Behavioral Medicine
- Cardiac Catheterization and Cardiac Surgery,
- Renal Transplantation,
- the Children's Cancer Center,
- a Bone Marrow transplant program,
- the Cystic Fibrosis Center,
- the Pediatric Subspecialty Care Center,
- and the Neuroscience Institute.

## Arizona Lifestyle

With more than 300 days of sunshine every year and a growing economy, the Valley of the Sun has become one of the nation's best places to live and work.

The Valley has a booming high-tech industry and exploding real estate market. It offers award-winning restaurants and limitless shopping opportunities. Tournament-level golf courses and urban mountain parks are just a few of the recreational opportunities at your fingertips here. And Phoenix is located just a few hours away from countless top vacation destinations, making weekend getaways to places like Sedona, San Diego, and Mexico a reality.

Given all that, it's no surprise Phoenix has become the sixth largest city in the country with a population of 1.6 million. And with a lot of people, we see a lot of patients. The pediatric population in the Greater Phoenix area has grown from 350,000 when the Hospital incorporated in 1980 to nearly 1 million today. Estimates project that number will reach 1.5 million children before 2030.

For more information on relocating to the Phoenix area, please visit the Greater Phoenix Area Chamber of Commerce website at [www.phoenixchamber.com](http://www.phoenixchamber.com).