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Phoenix Children’s Hosts Night with Nationally Acclaimed Author, Child Psychologist Dr. Michael Popkin

More than 175 Parents, Teachers, and Counselors Learn Tools to Tame a Child’s Spirited Behavior

PHOENIX, Ariz. (April 19, 2007) – Difficult... strong willed... challenging. These are words often used to label children with what nationally acclaimed author and child psychologist Dr. Michael Popkin describes as “spirited” behavior. Phoenix Children’s Hospital hosts Popkin and more than 175 Valley parents, teachers, and school counselors to discuss techniques to move beyond these labels and learn what really works for spirited children on **Tuesday, April 24, from 6 to 8 p.m. at the Hospital’s Melvin L. Cohen Conference Center.**

Popkin, a popular guest on CNN, Oprah, and Montel, will discuss his newest book, *Taming the Spirited Child: Strategies for Parenting Challenging Children without Breaking Their Spirits*. He will provide effective parenting tools for “taming” a child’s spirited behavior in a way that celebrates his or her unique gifts.

Pediatric psychologists from Phoenix Children’s Center for Neuroscience and Behavioral Medicine will also be available to answer questions, and provide tips to communicate with children in ways that encourage learning, improve cooperating, and redirect energy into positive actions. To learn more about the Center’s world-class, family-centered care, visit Phoenix Children’s website and search “Neuroscience and Behavioral Medicine”.

Phoenix Children’s will provide this evening free-of-charge to participants. The event is sold out.

Phoenix Children’s Hospital is Arizona’s leader in pediatric care and is one of the 10 largest free-standing children’s hospitals in the nation. The most comprehensive array of pediatric specialists in the State practice at this one organization. The outstanding clinical expertise, as well as high patient volume, and an unwavering commitment to caring only for children, all contribute to Phoenix Children’s leadership position. For information about Phoenix Children’s, visit the Hospital’s website at www.phoenixchildrens.com.

EDITOR’S NOTE: Members of the media are invited to cover this event. Available interviews include Dr. Popkin, pediatric psychologists from Phoenix Children’s Hospital, and event attendees.