



Feeding the High Risk Infant

Using what we know ... to improve outcomes



February 8 and 9, 2008

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Phoenix Children's Hospital

Melvin L. Cohen Conference Center
Rosenberg Children's Medical Plaza, Building E
1920 East Cambridge Avenue, Suite 100
Phoenix, AZ 85006

Join Us For A Great Day Of Updates In Caring For The High Risk Infant

Speakers from a broad variety of backgrounds will present information on how feeding interventions and manual therapy can affect the function of the GI system and help the high risk infant feed, grow, and develop.

This conference is for any professional working with premature infants and/or medically complicated infants including physical therapists, occupational therapists, speech therapists, nurses, developmental specialists, and physicians.



Keynote Speakers

John Chappel, PT, MA

John Chappel is a Physical Therapist at Morristown Memorial Hospital. He is a nationally known speaker and accomplished Physical Therapist who specializes in manual therapy and its application with pre-term infants.

Suzanne Thoyre, PhD, RN

Sue Thoyre is an associate professor at the University of North Carolina, Chapel Hill and has been a nurse for over 30 years. She is the author of numerous articles in peer-reviewed journals, and is a nationally/internationally recognized speaker. She is the recipient of the Outstanding Graduate Faculty Award at UNC, and is a member of Sigma Theta Tau.

Registration

Please register online at

www.phoenixchildrens.com/calendar-of-events/feeding.html

or contact Nushka Remec, PT at (602) 546-5034 with questions.

Registration fee: \$300

\$250 for PCH employees and RN's

Snacks and refreshments will be provided both days. Lunch will be provided on Friday. Seating is limited.

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OBJECTIVES

- Describe the significance of the transition to oral feeding for pre-term infant development and family integration
- Identify feeding readiness cues
- Examine how/why breastmilk generates improved neurological outcomes
- Discuss breastfeeding behavior and feeding management of the pre-term or neurologically impaired infant
- Review the mechanism of action for the major milk components
- Explain how manual therapy can be applied to affect the function of the GI system
- Understand how positioning affects the function of the GI system and learn techniques to optimize function
- Describe how the neuromotor system controls physiology and behavior
- Recall specific changes that can be made to improve nutrition in pre-term infants
- Give examples of misconceptions and fears in neonatal nutrition
- Develop an understanding of the interdisciplinary management approaches to complex pediatric feeding and swallowing disorders
- Identify members of an interdisciplinary feeding/swallowing team and understand the contribution of each
- Discuss psychological and cultural aspects of feeding
- Describe the affect feeding problems can have on mother-infant attachment

PROGRAM CREDIT

CEU: Arizona State University is approved by the Continuing Education (CE) Board of the American Speech/Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. This program is offered for 1.2 CEU's, Intermediate Level, Professional Area. ASHA CE Provider approval does not imply endorsement of course content, specific products, or clinical procedures. CEU certificates will be provided for PT/OT/RN.



CME: Phoenix Children's Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide Continuing Medical Education for physicians.

Phoenix Children's Hospital designates this educational activity for a maximum of 12 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Provider's Approval Statement: All communications, marketing materials, certificates, and other documents that refer the Phoenix Children's Hospital's ANCC and AzNA approval status contain the official approval statement as follows: "Phoenix Children's Hospital is an approved provider of continuing nursing education by the Arizona Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation."

Agenda

Friday, February 8

8 a.m. Registration

**8:30 a.m.
Early Feeding Checklist**

Suzanne Thoyre, PhD, RN

10 a.m. Break and Vendor Exhibit

**10:15 a.m.
Early Feeding Checklist Continued**

Suzanne Thoyre, PhD, RN

**11:45 a.m.
Questions**

12 p.m. Lunch

**1 p.m.
Breast Feeding Behavior and Management**

Voni Miller, RN, IBCLC

**2:30 p.m.
The Developmental Benefits of Breast Milk**

Maria Lennon, MSN, CNM, IBLLC

**4 p.m.
Shuttles to PCH NICU McDowell Campus**

**4 p.m.
Networking Reception and Tours of the Newly Renovated NICU**

Saturday, February 9

**8 a.m.
Manual Therapy and the GI System**

John Chappel, PT

9:30 a.m. Break and Vendor Exhibit

**9:45 a.m.
Physiology and the Neuromotor System**

John Chappel, PT

**11:30 a.m.
Questions**

12 p.m. Lunch

**1 p.m.
Neonatal Nutrition and Outcomes of Premature Infants**

Matthew Abrams, MD, FAAP

**2 p.m.
Swallowing Rehabilitation Team Panel**

3 p.m. Break and Vendor Exhibit

**3:15 p.m.
Supporting Families through Feeding Difficulties**

Elaine Ellis, MD

4 p.m. Conclusion





**PHOENIX
CHILDREN'S**
Hospital

**1919 East Thomas Road
Phoenix, AZ 85016**

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