



Name of Child: _____ Date: _____

Medicine Before a Test or Procedure

Procedural Sedation or Analgesia

Why is it given?

Sometimes a test or procedure can be scary, difficult or painful for a child. Medicine can help your child relax or sleep through a test or procedure. This is called sedation.

What medicine?

- | | |
|---|---|
| <input type="checkbox"/> chloral hydrate (Noctec) | <input type="checkbox"/> methohexital (Brevital) |
| <input type="checkbox"/> diazepam (Valium) | <input type="checkbox"/> morphine |
| <input type="checkbox"/> fentanyl (Sublimaze) | <input type="checkbox"/> pentobarbital (Nembutal) |
| <input type="checkbox"/> ketamine | <input type="checkbox"/> propofol (Diprivan) |
| <input type="checkbox"/> lorazepam (Ativan) | <input type="checkbox"/> thiopental (Pentothal) |
| <input type="checkbox"/> midazolam (Versed) | <input type="checkbox"/> other _____ |

These may be used to help wake your child up:

- | | |
|--|---|
| <input type="checkbox"/> naloxone (Narcan) | <input type="checkbox"/> flumazenil (Romazicon) |
|--|---|

Things to know:

- This medicine works best when the child is prepared for the test or procedure. Make sure you or someone on the health care team tells your child what to expect. Can he or she eat before the test? Where will the test be done? Will the doctor and nurse wear masks? Will the the room be cold? Will machines make sounds?

- Before the test or procedure, help your child relax and think calming thoughts. What helps your child relax? Slow breathing? Reading a book together? Talking about places or activities your child enjoys? Listening to music or story tapes?

- If you think your child may need extra help to get ready for the test, ask your nurse or doctor to call a Child Life Specialist. Child Life Specialists are trained in child development. They use play therapy and other ways to help your child through new experiences in the hospital.



Before the test or procedure, help your child relax and think calming thoughts.

Possible side effects:

- restlessness
- sleeping more than usual
- sick to the stomach
- throwing up
- unusually irritable
- dizziness
- dry mouth
- shallow breathing



After the test or procedure, call your doctor right away if your child:

- drools more than usual
- chokes
- has a skin rash, hives or itching
- is hard to wake up

- has hands that shake (**tremors**)
- is confused
- has an irregular heart beat
- has irregular breathing
- has cold, moist skin
- acts very differently
- sees or hears things that are not there



If you have any questions or concerns,
 call your child's doctor or call _____

If you want to know more about child health and illness,
visit our library at The Emily Center at Phoenix Children's Hospital
1919 East Thomas Road
Phoenix, AZ 85016
602-546-1400
888-908-5437
www.phoenixchildrens.com

Disclaimer

The information provided at this site is intended to be general information, and is provided for educational purposes only. It is not intended to take the place of examination, treatment, or consultation with a physician. Phoenix Children's Hospital urges you to contact your physician with any questions you may have about a medical condition.

#300 parent • Written by Chris Jallo, RPh • Illustrated by Dennis Swain
This handout is also available in Spanish as #403/300s.