



Name of Child: _____ Date: _____

Allergy Injections

in the Clinic at Phoenix Children's Hospital

We found out what your child is allergic to from the skin tests. Now we know what kind of medicine to use to help.

It would be best if your child could keep away from the things he or she is allergic to. If that cannot be done, allergy shots (injections) may help your child react less to them.

A special allergy medicine will be made for your child. It is made of the things your child is allergic to (allergens). A shot of this medicine will be given to your child every week. The shots will build up your child's immune system to react less to these allergens. In time, your child should become less sensitive (desensitized) to these things.

For allergy shots to work, the child must have them regularly, even after he or she seems better. Allergy shots do not give results right away. It usually takes four to twelve months of shots to notice a change.

When a child gets allergy shots regularly once a week, a maintenance level is reached. This may take seven to nine months. Then we spread



**For allergy shots to work,
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even after he or she seems better.**

the shots out to once every three weeks. The more shots your child misses, the longer it takes to reach the maintenance level.

Before the Shot is Given

- We give allergy shots during regular clinic hours. Call the General Pediatric Clinic (602-546-0945) to tell us when you are coming. Then we can be ready for you, and you will not have to wait as long.
- You will not see the doctor when you bring your child in for a shot. So if you need more medicine or need to talk to the doctor, please tell us when you call the General Pediatric Clinic (602-546-0945).



- If your child is coughing, wheezing or has an infection, we may not want to give the shot until your child is feeling better. If you are not sure if your child is too sick for a shot, call us. Together we can decide if your child should come in.

- Come to the clinic when you can stay at least 30 minutes. For your child's safety, he or she must wait in the clinic for 20 minutes after the shot. Rarely, a child may have a whole body reaction that needs immediate medicine. When this happens, there is itching of the throat, nose, eyes, palms, skin, sudden sneezing, runny nose, hives, coughing, wheezing or tightness in the throat or chest. If your child has any of these, tell your nurse right away.

- After the 20 minute wait, the nurse will check the shot site, and will note any reaction. Redness, itching or swelling at the shot site is common. Taking an antihistamine and putting on an ice pack can help the site feel better. Please let us know if this reaction lasts longer than 24 hours. The nurse may give a smaller dose of the allergen next time.

Now that you've read this:

- Do the the Allergy Injection Word Search.



If you have any questions or concerns,
 call your child's doctor or call _____

**If you want to know more about child health and illness,
visit our library at The Emily Center at Phoenix Children's Hospital:
1919 East Thomas Road
Phoenix, AZ 85016
602-546-1400
www.phoenixchildrenshospital.com**

Disclaimer

The information provided at this site is intended to be general information, and is provided for educational purposes only. It is not intended to take the place of examination, treatment, or consultation with a physician. Phoenix Children's Hospital urges you to contact your physician with any questions you may have about a medical condition.

#33 • Written by Barbara Singer, RN
This handout is also available in Spanish as #390/33s.

Allergy Injection Word Search

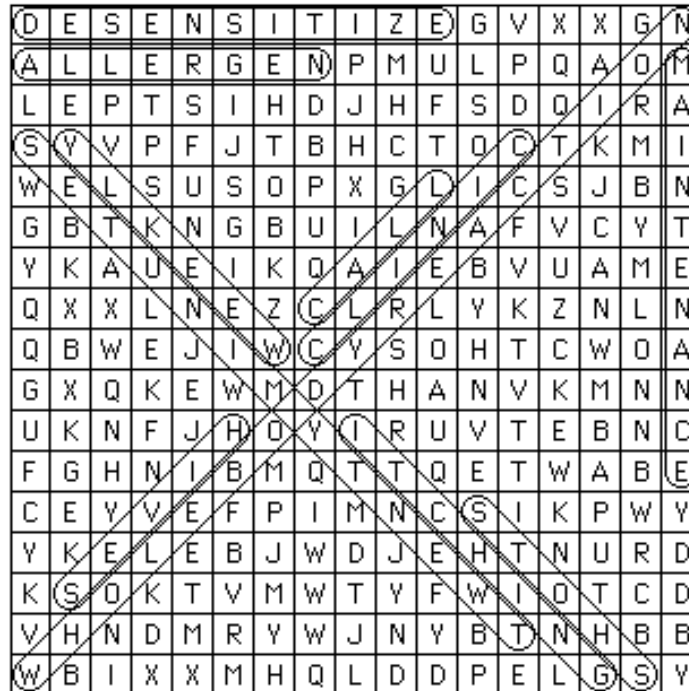
Find the words that have to do with allergy shots.
They may be forward, backward, straight or diagonal.

D	E	S	E	N	S	I	T	I	Z	E	G	V	X	X	G	N
A	L	L	E	R	G	E	N	P	M	U	L	P	Q	A	O	M
L	E	P	T	S	I	H	D	J	H	F	S	D	Q	I	R	A
S	Y	V	P	F	J	T	B	H	C	T	O	C	T	K	M	I
W	E	L	S	U	S	O	P	X	G	L	I	C	S	J	B	N
G	B	T	K	N	G	B	U	I	L	N	A	F	V	C	Y	T
Y	K	A	U	E	I	K	Q	A	I	E	B	V	U	A	M	E
Q	X	X	L	N	E	Z	C	L	R	L	Y	K	Z	N	L	N
Q	B	W	E	J	I	W	C	Y	S	O	H	T	C	W	O	A
G	X	Q	K	E	W	M	D	T	H	A	N	V	K	M	N	N
U	K	N	F	J	H	O	Y	I	R	U	V	T	E	B	N	C
F	G	H	N	I	B	M	Q	T	T	Q	E	T	W	A	B	E
C	E	Y	V	E	F	P	I	M	N	C	S	I	K	P	W	Y
Y	K	E	L	E	B	J	W	D	J	E	H	T	N	U	R	D
K	S	O	K	T	V	M	W	T	Y	F	W	I	O	T	C	D
V	H	N	D	M	R	Y	W	J	N	Y	B	T	N	H	B	B
W	B	I	X	X	M	H	Q	L	D	D	P	E	L	G	S	Y

- | | |
|--|--------------------------------------|
| <input type="checkbox"/> ALLERGEN | <input type="checkbox"/> CALL |
| <input type="checkbox"/> CLINIC | <input type="checkbox"/> DESENSITIZE |
| <input type="checkbox"/> HIVES | <input type="checkbox"/> ITCHING |
| <input type="checkbox"/> MAINT=ENANCE | <input type="checkbox"/> SHOTS |
| <input type="checkbox"/> TWENTY MINUTES | <input type="checkbox"/> WEEKLY |
| <input type="checkbox"/> WHOLE BODY REACTION | |

The answers are on the back of this page.

Answers to the Allergy Injection Word Search



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|--|--------------------------------------|
| <input type="checkbox"/> ALLERGEN | <input type="checkbox"/> CALL |
| <input type="checkbox"/> CLINIC | <input type="checkbox"/> DESENSITIZE |
| <input type="checkbox"/> HIVES | <input type="checkbox"/> ITCHING |
| <input type="checkbox"/> MAINTENANCE | <input type="checkbox"/> SHOTS |
| <input type="checkbox"/> TWENTY MINUTES | <input type="checkbox"/> WEEKLY |
| <input type="checkbox"/> WHOLE BODY REACTION | |

Tell your nurse or doctor what each word has to do with allergy shots.
(Check when done.)