



**Asthma Word Search Puzzle**

Procedure/Treatment/Home Care  
Si usted desea esta información en español,  
por favor pídasela a su enfermero o doctor.

#792

Name of Child: \_\_\_\_\_ Date: \_\_\_\_\_

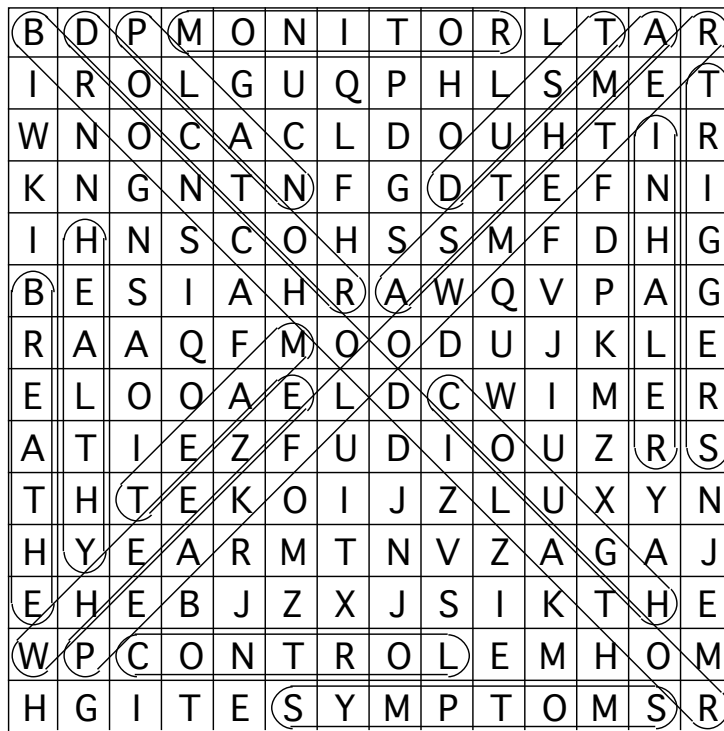
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B	D	P	M	O	N	I	T	O	R	L	T	A	R
I	R	O	L	G	U	Q	P	H	L	S	M	E	T
W	N	O	C	A	C	L	D	O	U	H	T	I	R
K	N	G	N	T	N	F	G	D	T	E	F	N	I
I	H	N	S	C	O	H	S	S	M	F	D	H	G
B	E	S	I	A	H	R	A	W	Q	V	P	A	G
R	A	A	Q	F	M	O	O	D	U	J	K	L	E
E	L	O	O	A	E	L	D	C	W	I	M	E	R
A	T	I	E	Z	F	U	D	I	O	U	Z	R	S
T	H	T	E	K	O	I	J	Z	L	U	X	Y	N
H	Y	E	A	R	M	T	N	V	Z	A	G	A	J
E	H	E	B	J	Z	X	J	S	I	K	T	H	E
W	P	C	O	N	T	R	O	L	E	M	H	O	M
H	G	I	T	E	S	Y	M	P	T	O	M	S	R

**Word List**

- |          |         |                 |         |
|----------|---------|-----------------|---------|
| asthma   | breathe | bronchodilator  | control |
| cough    | doctor  | dust            | healthy |
| inhaler  | monitor | peak flow meter | plan    |
| symptoms | team    | triggers        | wheeze  |

# Answers to the Asthma Word Search Puzzle



Caused by swelling in your breathing tubes: **asthma**

A symptom of asthma. **cough**

Another symptom of asthma. **wheeze**

**Dust** in the air can trigger your asthma.

Cats, dogs, pollen, dust, smoke & roaches are **triggers**.

Taking your medicine helps you **breathe** better.

Wheezing, coughing, or trouble breathing are **symptoms**.

Use a **peak flow meter** to find your zone.

Asthma action **plan** tells you what zone you are in.

**Monitor** your asthma by using peak flow meter daily

The rescue medicine you use when you are sick is a **bronchodilator**.

When you don't need to use your rescue inhaler you have **control** of your asthma.

Call your **doctor** if you can't control your asthma.

When you are not sick, you are **healthy**.

Use your rescue **inhaler** before going to P.E. or if you are sick.

You, your doctor and parents are a **team**.