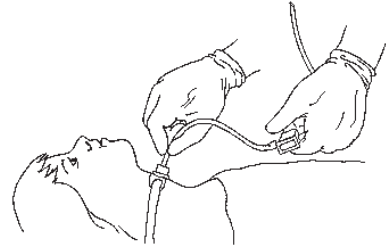


CPR for a Person Over 70 Pounds With a Tracheostomy

1. Suction 2 times.



2. Bag 2 times.

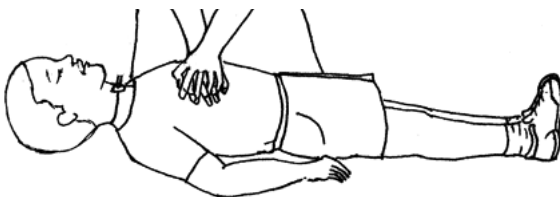
If air will not go in, change the trach.
Have someone call EMS.



3. Check for Signs of Life.

Look for:
color, breathing, movement, coughing

No Signs of Life



Give 2 breaths with bag,
then 30 chest pushes. Repeat.

Signs of Life and No Breathing



If not breathing
bag once every 5 seconds.

4. If alone, call EMS after 5 cycles or about 2 minutes.

5. Check the Signs of Life again after every 5 cycles or
about 2 minutes.

6. Continue until person is breathing or help arrives.



CPR for Persons Over 70 Pounds with a Tracheostomy

Procedure/Treatment/Home Care
Si usted desea esta información en español,
por favor pídasela a su enfermero o doctor.

Name of Health Care Provider: _____ Number: 708
For office use: Date returned: _____ db nb

Family Review of Handout

Health care providers: Please teach families with this handout.
Families: Please let us know what you think of this handout.

Would you say this handout is hard to read? Yes No
easy to read? Yes No

Please circle the parts of the handout that were hard to understand.

Would you say this handout is interesting to read? Yes No

Why or why not?

Would you do anything differently after reading
this handout? Yes No

If yes, what?

After reading this handout, do you have any
questions about the subject? Yes No

If yes, what?

Is there anything you don't like about the drawings?

Yes

No

If yes, what?

What changes would you make in this handout to make it better or easier to understand?

Please return your review of this handout to your nurse or doctor or send it to the address below.

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Thank you for helping us!