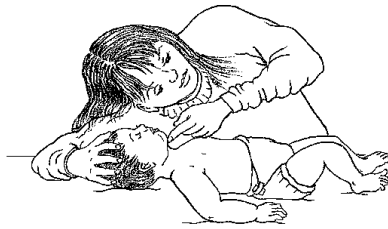


CPR for Infants up to 1 year old



Open airway.

1

Touch baby.

Stimulate.

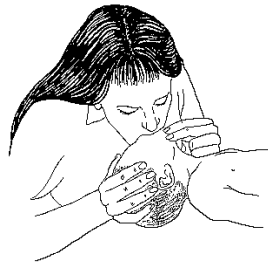
Call for help.

Have someone call 911 or EMS (Emergency Medical System)

Lay baby on back on hard surface.

Open airway.
Use head tilt/chin lift.

Look. Listen. Feel.



Give 2 slow breaths.

2

If not breathing:
Cover baby's nose and mouth with your mouth.

Give 1 slow breath.
Watch the chest rise.
Take a breath.
Give 2nd slow breath.

If breath does not go in
reopen airway
try to breathe again.



Give 30 chest pushes.

3

If the baby does not respond,
quickly move or open clothes
from the front of the chest.

Put 2 fingers of one hand just
below the nipple line.
Do not put your fingers over the
very bottom of the breastbone.

Push on chest 30 times
and then give 2 breaths.
Push chest down 1/2 to 1 inch.
Push hard and fast.
After each push, let the chest go
back to normal position.

If alone, call 911 or EMS
after 5 sets of
30 pushes and 2 breaths.

Take baby with you if
the baby is not hurt.

After you call, keep giving CPR
in sets of 30 pushes and 2 breaths
until baby moves or help takes
over.





The Emily Center

CPR for Infants up to 1 year old

Procedure/Treatment/Home Care
Si usted desea esta información en español,
por favor pídasela a su enfermero o doctor.

Name of Health Care Provider: _____ Number: 274
For office use: Date returned: _____ db nb

Family Review of Handout

Health care providers: Please teach families with this handout.
Families: Please let us know what you think of this handout.

Would you say this handout is hard to read? Yes No
easy to read? Yes No

Please circle the parts of the handout that were hard to understand.

Would you say this handout is interesting to read? Yes No

Why or why not?

Would you do anything differently after reading
this handout? Yes No

If yes, what?

After reading this handout, do you have any
questions about the subject? Yes No

If yes, what?

Is there anything you don't like about the drawings?

Yes

No

If yes, what?

What changes would you make in this handout to make it better or easier to understand?

Please return your review of this handout to your nurse or doctor or send it to the address below.

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Phoenix, AZ 85016-7710

602-546-1395

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Thank you for helping us!