



Name of Child: \_\_\_\_\_ Date: \_\_\_\_\_

# Diazepam Given by Rectum

## Other names:

Diastat

## Why is it given?

Diazepam is given to treat repeating seizures.

This medicine will take four to eight minutes to work.

Weight: \_\_\_\_\_

How much to give: (Check one)  2.5 mg  5.0 mg  10.0 mg

When to give: (Check all that apply):

Give diazepam to your child after the first whole body  
(generalized tonic-clonic) seizure that lasts more than 4 minutes.

Give only one dose.

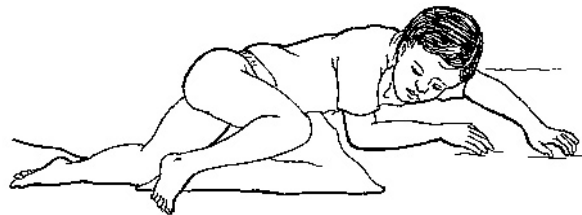
You may give another dose if: \_\_\_\_\_

## What you need:

- Diastat syringe

## How to give this medicine:

1. Hold a syringe in your hand.
2. Push the cover on the syringe up with your thumb and pull it off.
3. Tear open the package of lubricating jelly. Put the tip of the syringe in the package, to cover it with jelly.
4. Put the child on his or her left side, with knees bent and pulled up to the chest.
5. Pull your child's buttocks open, so you can see the child's rectum.
6. Gently put the tip of the syringe into the rectum. The syringe should be in far enough so the rim is up against the rectum.
7. Slowly count out loud to three (one elephant, two elephants, three elephants) while you gently push the plunger until it stops.
8. Leave the syringe in the rectum while you slowly count out loud to three again (one elephant, two elephant, three elephants).
9. Pull out the syringe.
10. Hold your child's buttocks together to keep the medicine from leaking out while you slowly count out loud to three again (one elephant, two elephant, three elephants).
11. Write down the time you gave your medicine.



**Step 4:**  
**Put your child on the left side.**



12. Call your doctor right after you give the medicine.

The number is: \_\_\_\_\_

- If your child turns blue or has trouble breathing, call 911 right away.

### Things to know about this medicine:

- After you give the medicine, comfort your child with holding or cuddling.
- The dose of medicine is based on your child's weight. Call the doctor if your child's weight changes.
- This medicine may cause dizziness and drowsiness. After giving diazepam, do not let your child walk alone. He or she may fall or get hurt.
- Keep all medicines out of the reach of children.

### Possible side effects:

- dizzy
- drowsy
- confused
- dry mouth

### Now that you've read this:

- Show your nurse or doctor how you would give Diastat. (Check when done.)



If you have any questions or concerns,

- call your child's doctor or  call \_\_\_\_\_

If you want to know more about child health and illness,  
visit our library at The Emily Center at Phoenix Children's Hospital  
1919 East Thomas Road  
Phoenix, AZ 85016  
602-546-1400  
[www.phoenixchildrenshospital.com](http://www.phoenixchildrenshospital.com)

**Disclaimer**

The information provided at this site is intended to be general information, and is provided for educational purposes only. It is not intended to take the place of examination, treatment, or consultation with a physician. Phoenix Children's Hospital urges you to contact your physician with any questions you may have about a medical condition.

Thursday, June 1, 2006 • DRAFT to familyreview  
#58b • Written by Melani Jaskowiak, BSN, RN, CNRN • Illustrated by Dennis Swain



Name of Health Care Provider: \_\_\_\_\_ Number: 58b  
For office use: Date returned: \_\_\_\_\_  db  nb

## Family Review of Handout

Health care providers: Please teach families with this handout.

Families: Please let us know what you think of this handout.

Would you say this handout is hard to read?  Yes  No

easy to read?  Yes  No

Please circle the parts of the handout that were hard to understand.

Would you say this handout is interesting to read?  Yes  No

Why or why not?

Would you do anything differently after reading  
this handout?  Yes  No

If yes, what?

After reading this handout, do you have any  
questions about the subject?  Yes  No

If yes, what?

Is there anything you don't like about the drawings?

Yes  No

If yes, what?

What changes would you make in this handout to make it better or easier to understand?

Please return your review of this handout to your nurse or doctor or send it to the address below.

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Thank you for helping us!