

Baby's Name: _____ Date: _____

NIDCAP

Newborn Individualized Developmental Care and Assessment Program

What is NIDCAP?

The health care team at Phoenix Children's Hospital treats your baby as a special person. We look at what your baby and your family needs. When we understand what your baby needs, we can care for your baby in a way that helps him or her cope and grow.

What does NIDCAP do?

Your baby can't talk. But we can still learn what your baby likes and doesn't like.

Some members of the health care team are specially trained to understand what your baby is "telling" us. They are called **Infant Development Specialist**.

These developmental specialists watch how your baby responds to sounds, lights and touch. They listen to what you know about your baby. They will help you and your baby's health care team figure out what your baby likes and doesn't like.



Developmental specialists watch how your baby responds to sounds, lights and touch.

Who is NIDCAP for?

NIDCAP may help babies who:

- are born early
- are sick
- are fussy
- have unsteady breathing
- have been exposed to drugs
- have had a brain bleed
- have parents who cannot spend a lot of time with their baby in the hospital
- have been in the Intensive Care Nursery for a long time



NIDCAP may help babies who are born early.

Each of the different ways we measure how babies are doing is called a **developmental assessment**. NIDCAP is one way we can look at your baby to decide what care would be best. The developmental specialist will decide which assessment is best for your baby.



If you have any questions or concerns,
 call your child's doctor or call _____

If you want to know more about child health and illness,
visit our library at The Emily Center at Phoenix Children's Hospital:
1919 East Thomas Road
Phoenix, AZ 85016
602-546-1400
www.phoenixchildrenshospital.com

Disclaimer

The information provided at this site is intended to be general information, and is provided for educational purposes only. It is not intended to take the place of examination, treatment, or consultation with a physician. Phoenix Children's Hospital urges you to contact your physician with any questions you may have about a medical condition.

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This handout is also available in Spanish as #236/87s.