

Websites to help you parent your child with Attention Deficit Hyperactivity Disorder

(So that you can click on the links below, locate this handout on the Phoenix Children's Hospital website - on the Children's Neuroscience Institute page and The Emily Center Attention Deficit Hyperactivity Disorder page.)

National Resource Center (NRC) on ADHD - a national clearinghouse for science-based information about all aspects of attention-deficit/hyperactivity disorder (AD/HD). Funded by the Centers for Disease Control and Prevention, NRC provides information on ADHD and has an online library of materials. www.help4adhd.org

Healthy Children – the American Academy of Pediatrics' website for parents – Has excellent section on ADHD www.healthychildren.org/English/health-issues/conditions/adhd/pages/What-You-Need-to-Know-About-ADHD.aspx

MedlinePlus - a service of the National Library of Medicine and the National Institutes of Health - many links to excellent web pages about ADHD www.nlm.nih.gov/medlineplus/attentiondeficithyperactivitydisorder.html

CHADD: Children and Adults with Attention-Deficit/Hyperactivity Disorder is a national non-profit organization serving people with AD/HD and their families. CHADD has local chapters- there is a chapter in the Valley. The membership fee of \$45 gives you access to an information-packed website www.chadd.org and to an online magazine named "Attention". www.chadd.org/Content/CHADD/AttentionMagazine/default.htm

ADDvance – Initially ADDvance.com focused only on the long-overlooked needs of women and girls with ADD (ADHD). This new and expanded site has been developed to address the varied needs of all people with ADD (ADHD) across the lifespan. www.addvance.com/index.html

ADD Warehouse – a source for books and DVD's on ADHD, Learning disabilities, and childhood mental health disorders addwarehouse.com/shopsite_sc/store/html/index.html

Caring for Children with ADHD: A Resource Toolkit for Clinicians - many useful handouts www.nichq.org/adhd_tools.html#adhd_parent

ADDitude – online magazine for families living with ADHD www.additudemag.com/adhd/about-additude.html

ADD Store – Products that can help organize, remind (pill boxes with alarms) and make life easier (e.g. clothing for hypersensitive skin) for people with ADHD www.addconsults.com/store/

Learning Disabilities

LD OnLine - web site on learning disabilities and ADHD www.ldonline.org/index.php

Learning Disabilities Association of America - the largest non-profit group for people with learning disabilities. Over 200 local affiliates in 42 states, including Arizona. www.ldanatl.org/aboutld/parents/index.asp

National Center for Learning Disabilities- www.nclld.org/

Great Schools – Website with many handouts about Learning Difficulties (LD & ADHD). Can be searched by age group. www.greatschools.net/LD.topic?content=1541

Healthy Children – American Academy of Pediatrics - www.healthychildren.org/English/health-issues/conditions/learning-disabilities/Pages/default.aspx

Girls with ADHD

The Center: A Resource for Women and Girls with AD/HD – A site to help learn more about AD/HD in girls and women. www.ncgiadd.org/

For the child with ADHD

SparkTop – games for children who learn differently. www.sparktop.org/

Siblings of a child with ADHD

The Impact of ADHD on Siblings - <http://www.helpforadd.com/add-impact-on-siblings/>

Parenting Teens with ADHD

Teens with ADHD – website from Chris Dendy who has written several books on this topic
<http://www.chrisdendy.com/treatment.htm>

Parents with ADHD

Parents with ADHD - <http://add.about.com/od/childrenandteens/a/ADD-Parents.htm>

School Issues - Educational Rights, Individualized Education Plans (IEP), and 504 Plans

Az Disability Law – Training for Parents on Special Education Rights www.acdl.com/training.html
Printed materials on Educational Rights www.acdl.com/selfguides.html#spec

Wrightslaw - information about special education law, education law, and advocacy for children with disabilities.
www.wrightslaw.com/

NICHCY – National Dissemination Center for Children with Disabilities – information on IEP's, Accommodations, and Resolving disputes www.nichcy.org/EducateChildren/Pages/Default.aspx

2e : Twice Exceptional Newsletter - The focus is on children who are gifted but have learning issues. Written for parents, educators, and other professionals who help 2e kids. www.2enewsletter.com/welcome%20page.htm

LD Online - <http://www.ldonline.org/indepth>

Homework Tips From Dr. Sam Goldstein - <http://www.samgoldstein.com/homework>

Does your ADHD child need a tutor? - www.additudemag.com/adhd/article/847.html

Websites for Teachers

American Academy of Pediatrics Section on Developmental and Behavioral Pediatrics This site is geared to Developmental Pediatricians but has handouts that are useful to teachers and parents. This is a link to an excellent handout for teachers. www.dbpeds.org/articles/detail.cfm?TextID=%2031

U.S. Department of Education - Teaching Children with Attention Deficit Hyperactivity Disorder: Instructional Strategies and Practices www.ed.gov/rschstat/research/pubs/adhd/adhd-teaching.html